

WEST COAST ALL STAR CAMP

Daily Schedule – July 10, 2010

8:30 – 10:30 **PLAYER CHECK-IN**

11:00 **PARENT ORIENTATION IN THE GYM: Phil Bryant**

Introduction, orientation, daily schedule, procedures, accountability, discipline, expectations, goals and objectives, the parental role in recruiting, reality check.

Introduction: Wilda Bingham, Owner Tape Pros

12:20 **ROLL CALL AND PLAYER ORIENTATION**

Coaches check names and all roster information for accuracy. Review camp policies, personal accountability in the gym, dorms, at meals, etc.

12:40 **STRETCHING AND WARM-UP**

Clifton McNeely and Rob Streeter

1:00 **TEAM MEETINGS, PRACTICES AND SCRIMMAGES (Free Substitution)**

Be certain to ask what position each player prefers to play. Play each player in position as much as possible, but explain the fact that some minutes may be out of position.

<u>TIME</u>	<u>COURT 1</u>	<u>COURT 2</u>	<u>COURT 3</u>	<u>COURT 4</u>
1:00-1:35	Alabama – Idaho	California – Indiana	Connecticut – Kentucky	Georgia - Maryland
1:35-2:10	Oklahoma – Virginia	Tennessee – Iowa	Rhode Island – Wisconsin	Utah - Alaska
2:10-2:45	Arkansas – Minnesota	Colorado – Montana	Florida – Nevada	Hawaii – New York
2:45-3:10	Oregon – Ohio	Vermont – Arizona	S Carolina – Washington	Texas - Wyoming
3:10-3:45	Illinois – Missouri	Kansas – Nebraska	Louisiana – N Mexico	Michigan – N Carolina

The time schedule may be adjusted depending on if we are ahead or behind at this point. Clifton McNeely will be using a running clock for all courts. Be certain to be on your assigned court at the correct time.

3:55 **ROLL CALL IN THE GYM FOR ALL TEAMS**

Reminder of meal policies, including line conduct, seconds, etc.

4:00 **DINNER FOR TEAMS ALABAMA THROUGH MINNESOTA**

Defensive Terminology and court demo for all other teams.

4:20 **DINNER FOR ALL OTHER TEAMS**

5:50 **ROLL CALL IN THE GYM FOR ALL TEAMS**

6:00 – 6:30 **GUEST SPEAKERS – Dave Hopla**

6:30 **GAMES**

<u>TIME</u>	<u>COURT 1</u>	<u>COURT 2</u>	<u>COURT 3</u>	<u>COURT 4</u>
6:30 -7:20	Hawaii - Illinois	Alabama – Kansas	Colorado – Louisiana	Florida - Maryland
7:20 - 8:10	Washington - Vermont	Iowa – S Carolina	Oregon – Wisconsin	Texas - Alaska
8:10 -9:00	Georgia – Missouri	Arkansas – Nebraska	California – New Mexico	Connecticut – N Carolina
9:00-9:50	Utah - Wyoming	Oklahoma – Arizona	Rhode Island – Ohio	Tennessee - Virginia
9:50-10:40	Michigan – Minnesota	Idaho – Montana	Indiana – Nevada	Kentucky – New York

WEST COAST ALL STAR CAMP

July 11, 2010

7:30 – 8:55 BREAKFAST

9:00 – 9:10 ROLL CALL IN THE GYM FOR ALL TEAMS

9:10 – 9:30 STRETCHING AND WARM-UP
Clifton McNeely and Rob Streeter

9:30 – 11:20 SPLIT GROUPS:

1) Dave Hopla - Shooting Drills

2) NCAA Presentation and NAIA Presentation (Randy Gilzean)

The camp will be split into two groups. One will remain with Dave Hopla for shooting drills while the other goes to the NCAA/NAIA seminar. Half way through the session the two groups switch locations. Coaches switch also.

11:10 LUNCH FOR NCAA/NAIA GROUP

11:30 LUNCH FOR SHOOTING GROUP

12:50 ROLL CALL FOR ALL TEAMS IN THE GYM

1:00 GAMES

<u>TIME</u>	<u>COURT 1</u>	<u>COURT 2</u>	<u>COURT 3</u>	<u>COURT 4</u>
1:00–1:50	Maryland – Nebraska	Kentucky – Minnesota	Kansas – New York	Illinois - Nevada
1:50–2:40	Wisconsin – Ohio	Arizona – Virginia	Rhode Island – Utah	Oklahoma - Texas
2:40–3:30	Georgia – Montana	Connecticut – Missouri	California – N Carolina	Alabama – New Mexico
3:30–4:20	Iowa – Alaska	Washington – Wyoming	Tennessee – Vermont	Oregon – S Carolina
4:20-5:10	Hawaii – Indiana	Florida – Idaho	Colorado Michigan	Arkansas - Louisiana

4:30 DINNER FOR ALL TEAMS WITH GAMES PLAYED AT 1:00, 1:50 and 2:40

4:50 DINNER FOR ALL OTHER TEAMS

6:25 ROLL CALL FOR ALL TEAMS IN THE GYM

6:30 GAMES

<u>TIME</u>	<u>COURT 1</u>	<u>COURT 2</u>	<u>COURT 3</u>	<u>COURT 4</u>
6:30–7:20	Connecticut – Indiana	Georgia - Kentucky	Alabama – Michigan	California - Idaho
7:20–8:10	Virginia – Alaska	Wisconsin – Iowa	Oklahoma – Vermont	Rhode Island - Texas
8:10–9:00	Florida - Montana	Hawaii – New Mexico	Arkansas – N Carolina	Colorado - Missouri
9:00–9:50	Louisiana – Arizona	Maryland – Utah	Illinois – Washington	Kansas - Wyoming
9:50-10:40	Ohio – New York	Tennessee – Nevada	Oregon – Minnesota	S Carolina - Nebraska

WEST COAST ALL STAR CAMP

July 12, 2010

7:30 – 8:45 BREAKFAST

8:50 ROLL CALL FOR ALL TEAMS IN THE GYM

9:00 – 9:15 STRETCHING AND WARM-UP

9:15-9:50 GUEST SPEAKER – Mark Grabow, Golden State Warrior Strength and Condition Director

9:50 – 11:20 HALF COURT INSTRUCTIONAL GAMES / BASKETBALL TERMINOLOGY DEMONSTRATION

One half of the camp will be in Half-Court competitive games emphasizing specific fundamentals. The other half will attend a Basketball Terminology and player rating session. **Groups rotate at 10:40.**

11:15 LUNCH FOR TERMINOLOGY GROUP

11:30 LUNCH FOR HALF-COURT GROUP

12:50 ROLL CALL FOR ALL TEAMS IN THE GYM

1:00 GAMES

<u>TIME</u>	<u>COURT 1</u>	<u>COURT 2</u>	<u>COURT 3</u>	<u>COURT 4</u>
1:00–1:50	Arkansas - Alaska	Florida – Hawaii	Idaho – Indiana	Maryland - Louisiana
1:50–2:40	Texas – Ohio	Nevada – New York	Oklahoma – Rhode Island	Minnesota - Montana
2:40–3:30	Alabama – S Carolina	California – Oregon	Illinois – Kentucky	Kansas - Michigan
3:30–4:20	Washington – Nebraska	Iowa – N Carolina	Missouri – Wyoming	New Mexico - Utah
4:20- 5:10	Virginia – Colorado	Arizona – Georgia	Wisconsin – Connecticut	Vermont - Tennessee

4:15 DINNER FOR ALL TEAMS WITH GAMES PLAYED AT 1:05, 1:50 AND 2:40

4:50 DINNER FOR ALL OTHER TEAMS

6:30 ROLL CALL AND ANNOUNCEMENTS FOR ALL TEAMS IN THE GYM

6:35 GAMES

<u>TIME</u>	<u>COURT 1</u>	<u>COURT 2</u>	<u>COURT 3</u>	<u>COURT 4</u>
6:35–7:20	Idaho - Maryland	California – Florida	Kansas – Louisiana	Arkansas - Hawaii
7:20–8:05	Minnesota – New York	Arizona – Iowa	Nebraska – Nevada	Washington - Alaska
8:05–8:50	Rhode Island – Kentucky	Indiana – Wisconsin	Michigan – New Mexico	Illinois - Virginia
8:50–9:35	N Carolina – Vermont	Montana – Wyoming	Oklahoma – Tennessee	Missouri - Ohio
9:35-10:15	Connecticut – Utah	Colorado – S Carolina	Georgia – Texas	Alabama - Oregon

WEST COAST ALL STAR CAMP
July 13, 2010

6:45 – 8:00 BREAKFAST

8:00 ROLL CALL AND ANNOUNCEMENTS

8:15 SUPER SIX TOURNAMENT (Substitute at the 3:00 Minute Mark)

A double elimination tournament for all camp teams. Tournament features 6 minute running time games with a winners and losers bracket. All scores must be reported to the main scorers table immediately after each game. Pairings will be announced during roll call.

Coaches collect camp jersey's from all players who will not be competing in the camp all star games. Take the jerseys to Jan to exchange for T-shirts. It is not an option for players to keep jerseys.

CAMP ALL STAR GAMES

10:00 FRESHMEN-SOPHOMORE ALL STAR GAME (Top 14)

10:25 JUNIOR CLASS ALL STAR GAME (Top 20)

10:50 THE HONORABLE MENTION ALL STAR GAME (16)

11:15 SENIOR CLASS ALL STAR GAME (Top 20)

11:45 BEST OF THE BEST (Top 20 in Camp)